

PATIENT INFORMATION

Topiramat Actavis

For treatment of epilepsy



Important information!

Contact your doctor, pharmacy staff or nurse before taking Topiramat Actavis if you suffer from:

- kidney problems, particularly kidney stones, or are having renal dialysis
- abnormalities in the blood or body fluids (metabolic acidosis)
- liver problems

- weight problems
- eye problems, particularly glaucoma
- growth problems
- or if you are on a high-fat diet (ketogenic diet)

Topiramat Actavis 50 mg, 100 mg and 200 mg film-coated tablets contain lecithin (soya oil). Do not take this medication if you are allergic to peanuts or soya.

How to use Topiramat Actavis

Always take Topiramat Actavis as instructed by your doctor. If you are not sure, you must seek the advice of your doctor or staff at your pharmacy. Treatment normally begins with a low dose, which is then increased gradually. It may take a while to find the dose that is best for you. Topiramat Actavis tablets must be taken whole. Never take just a part of a tablet. Avoid chewing the tablets as they may leave a bitter taste. The tablets may be taken before, during or after a meal. Drink plenty of fluids during the day to prevent the formation of kidney stones when you are taking Topiramat Actavis.



How long should the treatment continue?

Your doctor will decide together with you how long your treatment should continue. It is important that you do not stop your treatment without contacting your doctor. An abrupt stop to treatment with Topiramat Actavis may lead to a risk of an increase in the number of seizures. If, for any reason, your treatment is stopped, the dose should be reduced gradually as indicated on the prescription that you receive from your doctor.

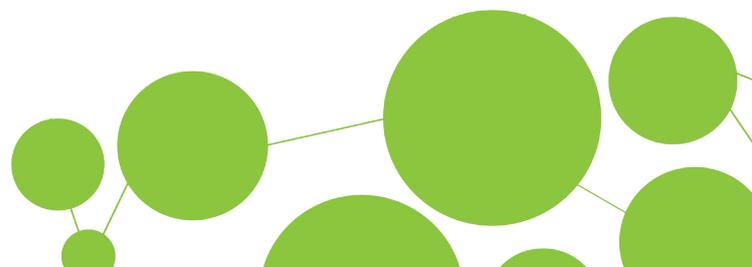
What should I do if I have taken too much Topiramat Actavis?

Seek medical advice immediately. Take the medication pack with you. You may feel sleepy or tired or experience abnormal body movements or problems with standing and walking,

feel dizzy due to low blood pressure or experience abnormal heartbeat or convulsions.

What should I do if I forget to take my medicine?

Do not take extra tablets to compensate for a forgotten dose. If you have forgotten to take your medication, ask your doctor how you should resume. This is very important if any length of time has passed since your last dose.





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What are the most common side effects?

Like other medications, Topiramate Actavis may cause side effects, but not all people taking it will necessarily suffer from them. Side effects which are “very common” and occur in more than 1 in 10 patients include weight loss, tingling sensations in the arms and legs, drowsiness or sleepiness, dizziness, nausea, fatigue and depression.

More information on side effects can be found in the patient information leaflet inside the package.

Can I take other medicines?

The effect of Topiramate Actavis may change and there may be an increased risk of side effects if you take certain other medicines at the same time. A list of these can be found in the patient information leaflet inside the package.

Always tell your doctor if you are taking or have recently taken any other medicines. This includes over-the-counter medications and natural remedies.

Can I drive?

Dizziness, fatigue and sight problems may occur during treatment with Topiramate Actavis. Do not drive and do not operate tools or machinery without contacting your doctor. However, remember that when you have epilepsy, you are only allowed to drive a car when you have gone one full year with no seizures.



Pregnancy and breastfeeding

If you are pregnant or breastfeeding, think that you may be pregnant or are planning to become pregnant, seek the advice of your doctor or pharmacy staff before taking this medication. Your doctor will decide whether you can take Topiramate Actavis. As with other anti-epilepsy medications, there is a risk of harm to your unborn baby if Topiramate Actavis is taken during pregnancy. Ensure that you completely understand the risks and advantages of taking Topiramate Actavis against epilepsy during pregnancy.

If you breastfeed while you are taking Topiramate Actavis, you must notify your doctor as soon as possible if your baby experiences anything unusual.



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Can I drink alcohol?

You should exercise caution with alcohol as drinking alcohol may compromise the effect of Topiramate Actavis. Discuss this with your doctor.



Actavis AB
Strandbergsgatan 61, 112 89 Stockholm
Tel. 08-13 63 70, info@actavis.se

